

## instructions for using the Phâro roll on system

- Screw on a roller head to the cartridge and place it in heater with the roller face forward.
- To heat a cartridge quickly, turn the temperature control knob to 4 for 4/5 mins.
- To test the consistency pull out the cartridge from the heater and turn it over to check that the gel has reached a flowing consistency. If it has, then with the cartridge still held upside down, gently squeeze the cartridge till the gel just oozes through the roller head.
- Put the cartridge back into the heater unit and turn the temperature control knob down to between 2 and 3.
- Lift the hand unit out of the base, turn it upside down and roll out a couple
  of times on a waxing strip to get the gel flowing through evenly.
- Between applications return the hand unit to the base to allow re heating.
- The cartridge is now ready to use. Roll on the gel in the direction of hair growth (e.g. downwards on the legs).



## instructions for using the Phâro pot warmer system

- Remove the cap and inner seal from the gel pot and stand the pot in the chamber of the heater.
- To heat a pot quickly, turn the temperature control on full. (15 to 20 minutes).
- As the gel approaches a flowable state, put a wooden spatula into the pot and stir the gel to achieve a uniform consistency.
- Set temperature control to between 3 and 4 to maintain gel temperature.

## instructions for microwave heating a pot

- Note: Take care **never** to overheat the sugaring gel.
- Remove the cap and inner seal from 700g gel pot and place pot in microwave.
- Heat for typically one minute for a full pot (scale down accordingly) until the gel
  has a consistency similar to pourable liquid honey. As the gel approaches a
  flowable state, Stir with a wooden spatula to achieve a uniform consistency.
- Take the pot out and put it into the pot warmer (set at about 4) to maintain the temperature. **TEST THE TEMPERATURE BEFORE APPLYING.**